



Menu Board

ALL BRANCHE

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Welcome to

MBUZI MUNCH

All our goats graze free range & are compassionately raised. We only serve young animals with a carcass weight of around 13kgs thus guaranteeing the fresh flavour & tenderness of the meat.

Before the meat is barbequed, we add a special blend of herbs, spices, sauces and flavours for that authentic Kenyan Nyama Choma taste.

As all of our grilled meat dishes are prepared to order, please let your waitress know for beef or mbuzi how you would like it cooked - medium or rare or well done

With the exception of our state of the art kitchens, wherever possible our designers aim to include recycled or upcycled material such as the glass ware which are made from bottles.

Our drinks and sauces are stored in recyclable containers.

We operate a Buy local, Buy Kenyan policy for equipment, supplies and services using local artisans wherever possible.





As all of our food is prepared with fresh ingredients and made specially for each order, some dishes can take a little longer, so please check with your waitress if you're in a hurry!

NAIROBI GOLF PARK

Sun/Mon/Tue/Wed/Thu 7:00 - 22:00

Fri/Sat 7:00 - 23:00

NAIROBI GALLERIA

Sun/Mon/Tue/Wed/Thu 8:00 - 22:00

Fri/Sat 8:00 - 23:00

NAIVASHA BUFFALO MALL

Sun/Mon/Tue/Wed/Thu 10.00 - 22:00

Fri/Sat 10:00 - 23:00

NAIVASHA DELAMERE STOP OVER

Sun/Mon/Tue/Wed/Thu 7:00 - 22:00

Fri/Sat 7:00 - 23:00

We aim to provide you with, not only the best experience & ambiance, but also the friendliest staff, if you are happy with the service, please leave a tip



BREAKFAST MENU

A LA CARTE

Eggs

Fried or Poached Eggs

330/-

Two eggs plus a round of toast

400/-

Scrambled Eggs

Three eggs and a round of toast

SIDES



SPECIALITI
ES

Mbuzi Leg Deluxe

With Onions, Spices & Sa

Nyama Feast Platter

Mbuzi Arm, T-Bone, ½ Chi
cken, Choma Suasages, On
ion Rings, Ugali Fries,
Potatoe Wedges, Kachumba
r

2800/Serves
2-3

4500/Serves
4



NYAMA CHO
MA
FROM OUR
GRILL

Mbuzi Leg Deluxe	2800/Serves
Mbuzi Leg	2-3
Mbuzi Arm Deluxe	2450/Serves
Mbuzi Arm	2-3
Mbuzi Stew	1900/Serves
	1-2
Mbuzi Choma Ribs	1700/Serves
Mbuzi Liver Deluxe	1-2

Our meats are grilled to your specification (medium, well done etc.) and with your preferred sauce
Mbuzi Matumbo Deluxe 1100 /Serves
 So let the waitress know. Deluxe dishes are finished off in the pan with onions & garlic

KUKU KITAMU
FROM OUR
PANS/GRILLS
BURGERS

Kuku Choma	1100/-Half 2200/- Whole
Kuku Wings Spicy/Saucy	550/Serves pieces
Battered Chicken & chips	1800/- 500 / Serves 1

WRAPS &
QUESADILLAS

MBUZI MUNCH
COMBOS



FI
SH

SUPER HEALTH
Y DISHES

SIDES
&
SNACK
S

DESSERT
S





NON-ALCOHOLIC DRINKS

ICED DRINKS

Iced Tea	Iced Coffee	2
e	Iced Latte	5
Iced Vanilla Latte		0
Iced Mocha		2
Iced Caramel Macchia		5
to		0
		3
		0
		0
		4
		0
		0
		3
		5
		0
		4
		0
		0



A L C O H O L I
C
D R I N K S





WINES

WHITE

**La Escondida
Torrantes**

Glass/Bottle
600/3000

Argentina

Dry White, stone fruits

Yellow Tail

600/3000

Sauvignon Blanc

Australia Refreshing, light with aromas of fruits.

Versus Sweet White

550/3500

/South Africa/Crisp,

RED

Trumpeter Cab Franc

Glass/Bottle
- /4200

Argentina / Mendoza Intense with aromas of pepper & black fruits.

Trumpeter Malbec

- /4200

Argentina A dry crisp dry wine.

Versus Dry Red (1L)

600/4000

/South Africa/Light

with notes of ripe black fruits & berries

Versus Sweet Red

550/3500

/South Africa/Sweet with flavours of berries

-/4200



COCKTAILS

Gin & Tonic Tan 6
 queray Tonic 5
 Lime wedge 0

Pink Pussy C
at Martini 7
 Gordons pink 0
 Pineapple ju 0
 ice Grenadine
 syrup

Honolulu Gor 7
 dons gin Pine 0
 apple juice O 0
 range juice L
 ime juice Sug
 ar syrup

Angostura bitt
 ers

Mojito 7
 Mint leave 0
 s Brown su 0
 gar Bacard
 i rum Lime
 juice Sod

a water

London Cosmopolit 7
an 0

Smirnoff vodka Lim 0
 e juice Cranberry
 juice Triple sec

Margarita 7

Tequila Camino 0
 Triple sec & Cointre 0
 eau Lime juice & C
 ointreau

Long Island Ice Te 9

a Smirnoff vodka B 0
 acardi rum 0

Tequila Camino Gord 0
 ons gin

Triple sec & lime ju 0
 ice Sugar syrup

Coke



MBUZI MUNCH
BUFFALO
MALL NAIV
 ASHA **0758**
283 247

MBUZI MUNCH
GALLERIA M
ALL LANGAT
 A RD **0794**
587 187

MBUZI MUNCH
GOLF PARK
 NGONG RACECOURSE
0723 868 686

MBUZI MUNCH **DE**
LAMERE STOP OVER
 NAIVASHA
0740 000 800

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 or delivery options and de



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