



Menu Board

ALL BRANCHES

MBUZI MUNCH - THE TASTE OF KENYA

GOOD FOOD * GREAT TIMES



Welcome to

M B U Z I M U N C H

All our goats graze free range & are compassionately raised. We only serve young animals with a carcass weight of around 13kgs thus guaranteeing the fresh flavour & tenderness of the meat.

Before the meat is barbequed, we add a special blend of herbs, spices, sauces and flavours for that authentic Kenyan Nyama Choma taste.

As all of our grilled meat dishes are prepared to order, please let your waitress know for beef or mbuzi how you would like it cooked - medium or rare or well done

With the exception of our state of the art kitchens, wherever possible our designers aim to include recycled or upcycled material such as the glassware which are made from bottles.

Our drinks and sauces are stored in recyclable containers.

We operate a Buy local, Buy Kenyan policy for equipment, supplies and services using local artisans wherever possible.

THE TASTE OF KENYA





B R E A K F A S T M E N U

A LA CARTE

Eggs

Fried or Poached Eggs 200/-

Two eggs plus a round of toast

Scrambled Eggs 300/-

Three eggs and a round of toast

Omelets

Plain 250/-

Cheese 300/-

Spanish 300/-

Combos

Big combo - 2 sausages, 2 fried eggs 1 mandazi or toast, Kenyan tea 450/-

Mid combo - 1 samosa, 1 fried egg 1 mandazi or toast, Kenyan tea. 400/-

Breakfast Burrito Combos

Wrap - Eggs, cheese, onions, peppers 450/-

Wrap - Spinach plus a cheese omelet 450/-

Breakfast Sausage Special Combo 500/-

Juicy sausages sliced & fried with onions, peppers & breakfast potatoes

Porridge 200/-

Bowl of oat or millet porridge with honey and cinnamon

SIDES

Sausages (two pieces) 150/-

Samosas (two pieces) 250/-

Spinach 100/-

Whole meal toast 2 slices 50/-

Mandazi 50/-

Breakfast potatoes 150/-

Chapati 110/-

Pancakes 4 pieces with honey 300/-

Baked beans 250/-



M E N U

SPECIALITIES

Mbuzi Leg Deluxe With Onions, Spices & Sauce	2400/Serves 2-3
Kuku Special Whole/Half/Quarter	2200/1200/750
T-Bone (400 grammes) Grilled Steak with pepper sauce, potato wedges & spinach	1400
Whole Tilapia Fried or Stewed	850
Mbuzi Choma Ribs The traditional favourite	800
Sausage Special Juicy sausages sliced & fried with onions, peppers & chips	500
Golden Battered Kuku strips Served with chips	750/serves 2

As all of our food is prepared with fresh ingredients and custom cooked for each order, some dishes can take a little longer, so please check with your waitress if you're in a hurry!

NAIROBI GOLF PARK

Sun/Mon/Tue/Wed/Thu 7:00 - 22:00
Fri/Sat 7:00 - 23:00

NAIROBI GALLERIA

Sun/Mon/Tue/Wed/Thu 10:00 - 22:00
Fri/Sat 10:00 - 23:00

NAIVASHA BUFFALO MALL

Sun/Mon/Tue/Wed/Thu 10:00 - 22:00
Fri/Sat 10:00 - 23:00

We aim to provide you with, not only the best quality food and atmosphere we can, but also the friendliest staff, if you are happy with the service please leave a tip for your waitress to let her know.



M E N U

NYAMA CHOMA FROM OUR GRILL

Mbuzi Leg Deluxe	2400/Serves 2-3
Mbuzi Leg	2250/Serves 2-3
Mbuzi Arm Deluxe	1900/Serves 1-2
Mbuzi Arm	1700/Serves 1-2
Mbuzi Stew	1100 /Serves 1
Mbuzi Choma Ribs	800 / Serves 1
Mbuzi Liver Deluxe	550 / Serves 1
Mbuzi Matumbo Deluxe	500 / Serves 1

Our meats are grilled to your specification (medium, well done etc.) and with your preferred sauce so let the waitress know. Deluxe dishes are finished off in the pan with onions & gravy

KUKU KITAMU FROM OUR PANS/GRILLS

Kuku Choma	1000/- Half 2000/- Whole
Kuku Wings Spicy/Saucy	850/-eight pieces)
Grilled Kuku Breast	750 /-

BURGERS

Boran Big Beefy	800 /- Ground lean beef
Home made beef burger	
Kuku Cruncher	750 /- Kuku in Batter
Crunchy battered chicken	
Mbuzi Muncher	800 /- Capri Burger
Homemade goat-meat burger	
All served with a choice of BBQ, Mayo, Chilli or Ketchup	

WRAPS & QUESADILLAS

New

Mbuzi Melt	750 /- Capri Quesadilla
Kuku Melt	700 /- Chicken Quesadilla
Spinach and feta Melt	550 /- Veggie Quesadilla
Falafel Wrap	650 /- New Veggie Special
Choma Wrap	650 /-
Choma Special Wrap	650 /-
Crispy Kuku Wrap	650 /-
Grilled Kuku Wrap	600 /-

Wraps don't Forget Hungry Kitamu Mondays Buy 1 Get 1 Free

MBUZI MUNCH COMBOS

Mbuzi Ribs ADD Chips	950
Any Melt - ADD Chips	900
Any Burger ADD Chips	900
Any Wrap - ADD Chips	900




M E N U

FISH	Whole Tilapia	850
	Battered Fish & Chips	750
	Battered Fillet Burger & Chips	800

SUPER HEALTHY DISHES

New

Chicken Caesar Salad	750
Greek Feta Salad	600 /- Veg
Bibi's Garden Salad	500 /- Veg
Dahl Curry & Chapati	600 /- Veg 

SIDES & SNACKS

Samosas	250 /2 Pieces
Choice of goat, beef, chicken or feta and spinach	

Our Legendary Chips	250
Masala Chips	300
Masala Wedges	350
Cheesy Chips	400
Sauté Potatoes	300
Potato Wedges	300
Roast Potatoes	300
Onion Rings	250
Ugali	100
Ugali Chips	150
Rice	150
Chapati	110
Kachumbari	110
Greens	110

DESSERTS

Sticky Toffee Pudding	400
Served with ice cream	
Chocolate Brownie	400
Served with ice cream	
Ice Cream Assorted	250



N O N - A L C O H O L I C D R I N K S

SOFT DRINKS

Soda Coke/Fanta/Sprite 500ml	140
Still Water 500ml/1litre	120/210
Sparkling Water 750ml	250
Fresh Juices 500ml	250
Lemonade	350
Blue Berry Lemonade	380
Strawberry Lemonade	380
Mint Punch	380
Red Bull/Isotonic drinks/Ribena cans/lucozade etc	350

MOCKTAILS

Virgin Mojito	500
Rock Shandy	550
Mbuzi Sunset	650

SMOOTHIES

Strawberry	500
Banana	500
Mango	500
Mixed Fruit	550

MILKSHAKES

Vanilla	400
Chocolate	400
Strawberry	400
Espresso	450
Mocha	450
Caramel Espresso	550

ICED DRINKS

Iced Tea	250
Iced Coffee	250
Iced Latte	300
Iced Vanilla Latte	330
Iced Mocha	340
Iced Caramel Macchiato	330

TEA

Cup/Pot

Kenyan	120/250
Spiced	150/300
Chamomile	250
Minty Green	250
Spiced Herbal	250
Green Herbal	250

COFFEE

Single/Double

Americano	180/200
Espresso	200/220
Macchiato	220/250
Café Latte	200/250
Cappuccino	200/250
Mocha	340
Caramel Macchiato	330
Vanilla Latte	330
Extra Syrup	200

HOT DRINKS

Ginger Dawa	250
Hot Chocolate	250



ALCOHOLIC DRINKS

BEERS

Tusker Draft	280
Tusker Lager/Ndimu	350
White Cap	350
Pilsner	350
Balozi	350
Whitecap crisp	380
Tusker Lite	380
Tusker Malt	380
Tusker Cider	380
Guinness	380
Guinness Smooth	380
Hunters	380
Heineken/H.Zero	400
Savanah	400

CRAFT CIDERS

Kenyan Originals	
KO Pineapple and Mint	350
KO Lime and Ginger	350
KO Passion and Lime	350

RUMS

	Shot/Bottle
Bacardi	300/ 5000
Captain Morgan (Gold)	250/ 2450
Captain Morgan (Spice)	300/ 4450

GINS

Tanqueray London	300/5000
Tanqueray No. 10	500/8000
Tanqueray Sevilla	300/5000
Tanqueray Royal	300/5000
Gordons	250/3500
Gilbeys	250/3000

VODKAS

Smirnoff Red	250/3500
Ketel One	380/6000
Smirnoff ice Guarana	300 (Can)

WHISKYS

	Shot/Bottle
Johnnie Walker (Red)	250/ 3500
Jameson	270/ 4850
Jack Daniels	350/ 7000
Johnnie Walker (Black)	360/ 7500
Bulleit Bourbon	300/ 6500
Singleton (12yrs)	400/ 8000
Johnnie Walker (DBLE blk)	450/ 8000
Glenfiddich (12yrs)	400/ 8000
Glenfiddich (15yrs)	750/16000
Johnnie Walker (Gold)	680/12000
Singleton (18yrs)	750/16000
Glenfiddich (18yrs)	900/18500
Johnnie Walker (Blue)	- /35000
Johnnie Walker (Green)	450/ 9000
Johnnie Walker (18yrs)	700/14000

TEQUILAS

Jose Cuervo	300/5200
Tequila Camino	250/4450
Don Julio Blanco	550/12200

OTHER LIQUERS & BRANDYS

Bailey's	300/4750
Jägermeister	300/4850
Hennessey VSOP	900/16800



W I N E S

WHITE	Glass/Bottle	RED	Glass/Bottle
La Escondida Torrantes Argentina Dry White, stone fruits	550/2500	La Escondida Cabernet Sauvignon Argentina / Mendoza Intense with aromas of pepper & black fruits.	- /2600
Yellow Tail Sauvignon Blanc Australia Refreshing, light with aromas of fruits.	550/2400	La Escondida Malbec Argentina A dry crisp dry wine.	- /2600
Versus Sweet White /South Africa/Crisp, light with aromas of tropical fruits.	550/2400	Versus Dry Red (1L) 550/2950 /South Africa/Light with notes of ripe black fruits & berries.	
Versus Dry White (1L) South Africa/With aromas of ripe apple, peach & Muscat fruits.	550/2950	Versus Sweet Red 550/2400 /South Africa/Sweet with flavours of berries	
ROSE San Felipe Malbec Rose	- /2500	SPARKLING Gorgeous Pinot Noir -/4200 Chardonnay/South Africa/Light with hints of cherry & strawberry.	
		Undurraga Cava Sparkling /Spain/ Refreshing with aromas of citrus stone fruits	-/3200



C O C K T A I L S

Limey Gin & Tonic 550

Tanqueray Tonic
Lime wedge

Pink Pussy Cat Martini 700

Gordons pink
Pineapple juice
Grenadine syrup

Honolulu 700

Gordons gin
Pineapple juice
Orange juice
Lime juice
Sugar syrup
Angostura bitters

Mojito Munch 700

Mint leaves
Brown sugar
Bacardi rum
Lime juice
Soda water

London Cosmopolitan 700

Smirnoff vodka
Lime juice
Cranberry juice
Triple sec

Margarita 700

Tequila Camino
Triple sec & Cointreau
Lime juice & Cointreau

Long Island Ice Tea 900

Smirnoff vodka
Bacardi rum
Tequila Camino
Gordons gin
Triple sec & lime juice
Sugar syrup
Coke

MM7 Vesper Martini 700

Gordons gin
Smirnoff vodka
Martini

Kenyan Dawa 700

Smirnoff vodka
Honey
Lime

Espresso Martini 750

Smirnoff vodka
Kahlua
Sugar syrup
Espresso

Singleton Espresso 850

Singleton whisky
Sugar syrup
Kahlua
Espresso

Whisky Sour 750

Bulleit bourbon
Lime juice
Sugar syrup
Angostura bitters

Pimms 750

Pimms No 1
Lime juice
Sugar syrup
Strawberries,
Orange
Cucumber
Mint
Sprite



K I D S M E N U

COMBOS

Hot Dog, Chips and Soda 350
With ketchup

Battered Chicken Fingers 400
With chips, soda and ketchup

Battered fish fingers 400
With chips, soda and ketchup

Kids Beef burger 450
With chips, soda and ketchup

Pancakes with jam 200 - 2 pieces

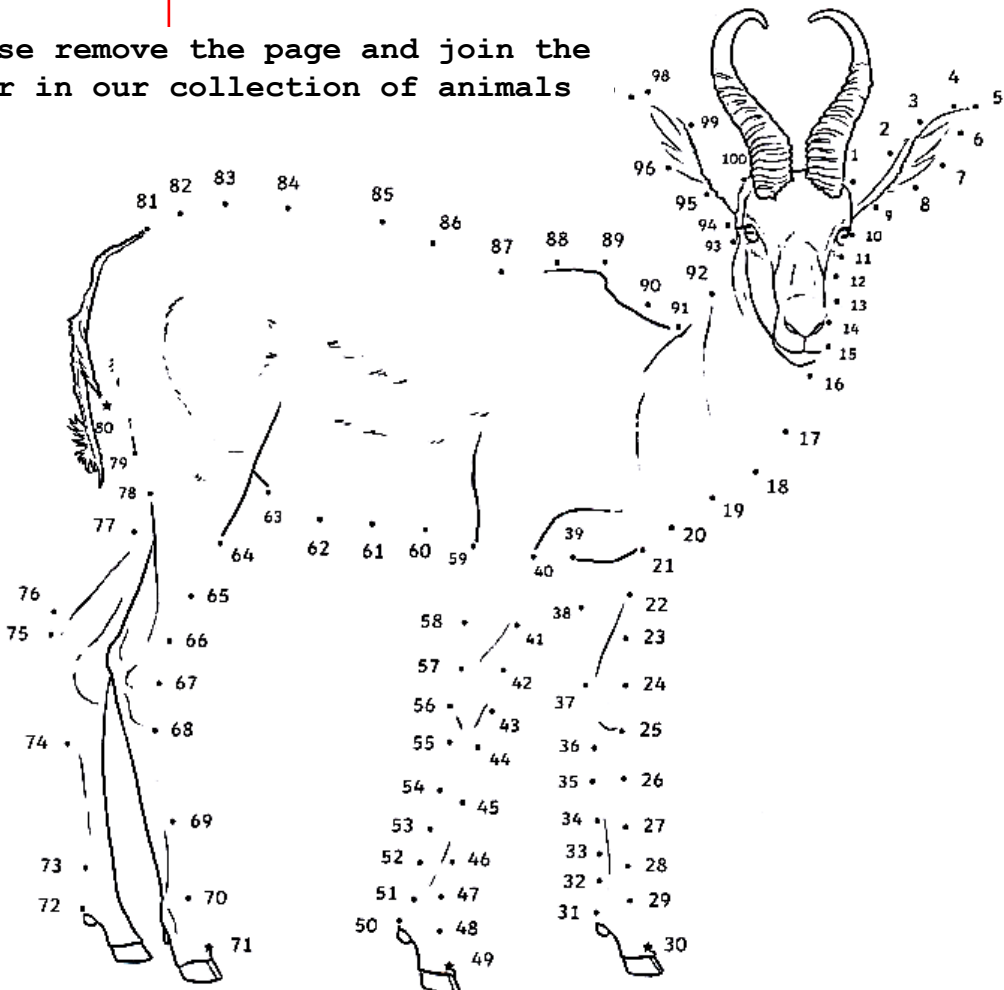
Baby samosas 150 - 2 pieces

SNACKS

Ice Cream Cone 100

Milkshake 150

Kids, please remove the page and join the dots/colour in our collection of animals





LET'S MEAT
AGAIN SOON



MBUZI MUNCH
BUFFALO MALL
NAIVASHA
0798 084 248

MBUZI MUNCH
GALLERIA MALL
LANGATA RD
0794 587 187

MBUZI MUNCH
GOLF PARK
NGONG RACECOURSE
0723 868 686

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